

# MAINTENANCE MEDICATIONS

Fill a 90-day supply



With the Cigna 90 Now<sup>SM</sup> program, your plan requires you to fill certain maintenance medications in a 90-day (or 3-month) supply<sup>1</sup> at select in-network retail pharmacies or through Express Scripts<sup>®</sup> Pharmacy, our home delivery pharmacy.

## About this drug list

This is a list of the maintenance medications that you have to fill in a 90-day (or 3-month)<sup>1</sup> supply as of July 1, 2022.<sup>2,3</sup> These are the medications you take on a regular basis to treat an ongoing health condition. Medications are listed alphabetically by the condition they treat. Generic medications are listed in all lowercase letters and brand-name medications are listed in all capital letters.

**This drug list is updated often so it isn't a complete list of the medications your plan covers.** Also, your specific plan may not cover all of these medications. Log in to the **myCigna<sup>®</sup>** App or **myCigna.com**, or check your plan materials, to see all of the maintenance medications that have to be filled in a 90-day (or 3-month) supply.

## A 90-day supply helps make life easier

You'll make fewer trips to the pharmacy for refills. And you're more likely to stay healthy because with a 90-day supply on-hand, you're less likely to miss a dose.<sup>4</sup>

## Your pharmacy options

### Home delivery with Express Scripts<sup>®</sup> Pharmacy<sup>5</sup>

Home delivery is a convenient option when you're taking a medication on a regular basis. With just a few simple clicks of your mobile phone, tablet or computer, your important medications will be on their way to your door (or location of your choice). To learn more, go to **Cigna.com/homedelivery**.

- ▶ **Easily order, manage and track your medications** on your phone or online
- ▶ Standard shipping at **no extra cost<sup>6</sup>**
- ▶ Fill up to a **90-day supply** at one time
- ▶ **Helpful pharmacists** available 24/7
- ▶ **Automatic refills** or refill reminders so you don't miss a dose
- ▶ **Flexible payment options** if you need help paying for your medications

Together, all the way.<sup>®</sup>



Offered by Cigna Health and Life Insurance Company or its affiliates.

**Here are three easy ways to get started using home delivery.**

- 1. Log in to the myCigna® App or myCigna.com to move your prescription electronically.** Click on the Prescriptions tab and select My Medications from the dropdown menu. Then simply click the button next to your medication name to move your prescription(s). Or,
- 2. Call your doctor's office.** Ask them to send a 90-day prescription (with refills)<sup>1</sup> electronically to Express Scripts Home Delivery. Or,
- 3. Call Express Scripts® Pharmacy at 800.835.3784.** They'll contact your doctor's office to help transfer your prescription. Have your Cigna ID card, doctor's contact information and medication name(s) ready when you call.

### **In-network retail pharmacies**

There are thousands of retail pharmacies in your plan's network. They include local pharmacies, grocery stores, retail chains, and wholesale warehouse stores – all places where you may already shop. **A select number of in-network pharmacies can fill 90-day prescriptions.**

Here are a few approved pharmacies you can use.<sup>7</sup> You can also log into the **myCigna** App or **myCigna.com** and use the Price a Medication tool to find a pharmacy near you. Or, you can look for a pharmacy at **Cigna.com/Rx90network**.

- › **CVS** (including Target and Navarro)
- › **Walmart** (including Sam's Club)
- › **Kroger** (including Ralphs, Food 4 Less, Harris Teeter Pharmacy, Pick N Save Pharmacy, Fred Meyer Pharmacy, Fry's Food and Drug)
- › **Albertson's/Safeway**
- › **Publix**
- › **Weis Markets**
- › **Winn Dixie**

# Maintenance medications that must be filled in a 90-day supply - As of July 1, 2022

## Allergy/Nasal Sprays

azelastine  
azelastine-fluticasone  
BECONASE AQ  
DYMISTA  
flunisolide  
fluticasone  
mometasone  
NASONEX  
olopatadine  
OMNARIS  
PATANASE  
QNASL  
XHANCE  
ZETONNA

## Alzheimer's Disease

ARICEPT  
donepezil  
EXELON  
galantamine  
galantamine er  
memantine  
memantine er  
MESTINON  
NAMENDA  
NAMENDA XR  
NAMZARIC  
pyridostigmine  
pyridostigmine er  
RAZADYNE ER  
rivastigmine

## Anxiety/Depression/ Bipolar Disorder

amitriptyline  
amitriptyline-perphenazine  
amoxapine  
ANAFRANIL  
APLENZIN ER  
bupropion  
bupropion er  
bupropion sr  
bupropion xl  
CELEXA  
citalopram  
clomipramine  
CYMBALTA  
desipramine  
desvenlafaxine er  
desvenlafaxine succinate er  
doxepin  
DRIZALMA SPRINKLE  
duloxetine  
EFFEXOR XR

EQUETRO  
escitalopram  
FETZIMA  
fluoxetine  
fluoxetine dr  
fluvoxamine  
FORFIVO XL  
imipramine hcl  
imipramine pamoate  
LEXAPRO  
lithium carbonate  
lithium citrate  
LITHOBID  
maprotiline  
mirtazapine  
nefazodone  
NORPRAMIN  
nortriptyline  
PAMELOR  
paroxetine  
paroxetine er  
PAXIL  
PAXIL CR  
PEXEVA  
PRISTIQ  
protriptyline  
PROZAC  
REMERON  
sertraline  
SURMONTIL  
TOFRANIL  
trazodone  
trimipramine  
TRINTELLIX  
venlafaxine  
venlafaxine er  
VIIBRYD  
WELLBUTRIN SR  
WELLBUTRIN XL  
ZOLOFT

## Asthma/COPD/ Respiratory

ACCOLATE  
ADVAIR DISKUS  
ADVAIR HFA  
AIRDUO DIGIHALER  
AIRDUO RESPICLICK  
albuterol syrup, tablet  
ALVESCO  
ANORO ELLIPTA  
arformoterol  
ARMONAIR DIGIHALER  
ARNUITY ELLIPTA  
ASMANEX  
ASMANEX HFA

ATROVENT HFA  
BEVESPI AEROSPHERE  
BREO ELLIPTA  
BROVANA  
budesonide  
budesonide-formoterol  
clopidogrel  
COMBIVENT RESPIMAT  
cromolyn  
DALIRESP  
DUAKLIR PRESSAIR  
DULERA  
FLOVENT DISKUS  
FLOVENT HFA  
fluticasone-salmeterol  
formoterol  
INCRUSE ELLIPTA  
ipratropium  
ipratropium-albuterol  
LONHALA MAGNAIR REFILL  
LONHALA MAGNAIR STARTER  
metaproterenol  
montelukast  
PERFOROMIST  
PULMICORT  
PULMICORT FLEXHALER  
QVAR REDIHALER  
SEEBRI NEOHALER  
SEREVENT DISKUS  
SINGULAIR  
SPIRIVA  
SPIRIVA RESPIMAT  
STIOLTO RESPIMAT  
STRIVERDI RESPIMAT  
SYMBICORT  
terbutaline tablet  
TUDORZA PRESSAIR  
WIXELA INHUB  
YUPELRI  
zafirlukast  
zileuton er  
ZYFLO

## Attention Deficit Hyperactivity Disorder

atomoxetine  
QELBREE  
STRATTERA

## Blood Pressure/ Heart Medications

ACCUPRIL  
ACCURETIC  
acebutolol  
ADALAT CC

# Maintenance medications that must be filled in a 90-day supply - As of July 1, 2022

## Blood Pressure/ Heart Medications *(cont)*

AFEDITAB CR  
aliskiren  
ALTACE  
amiodarone tablet  
amlodipine  
amlodipine-benazepril  
amlodipine-olmesartan  
amlodipine-valsartan  
amlodipine-valsartan-hctz  
ATACAND  
ATACAND HCT  
atenolol  
atenolol-chlorthalidone  
AVALIDE  
AVAPRO  
AZOR  
benazepril  
benazepril-hctz  
BENICAR  
BENICAR HCT  
BETAPACE  
BETAPACE AF  
betaxolol  
BIDIL  
bisoprolol  
bisoprolol-hctz  
BYSTOLIC  
CALAN SR  
candesartan  
candesartan-hctz  
captopril  
captopril-hctz  
CARDIZEM  
CARDIZEM CD  
CARDIZEM LA  
CARDURA  
CARDURA XL  
CARTIA XT  
carvedilol  
carvedilol er  
CONJUPRI  
COREG  
COREG CR  
CORGARD  
CORLANOR  
COZAAR  
DEMSEER  
diltiazem 12hr er  
diltiazem 24hr er  
diltiazem 24hr er (cd)  
diltiazem 24hr er (la)  
diltiazem 24hr er (xr)  
diltiazem tablet  
DILT XR

DIOVAN  
DIOVAN HCT  
disopyramide  
dofetilide  
doxazosin  
DUTOPROL  
EDARBI  
EDARBYCLOR  
enalapril  
enalapril-hctz  
ENTRESTO  
EPANED  
eprosartan  
EXFORGE  
EXFORGE HCT  
felodipine er  
flecainide  
fosinopril  
fosinopril-hctz  
guanfacine  
hydralazine tablet  
HYZAAR  
INDERAL LA  
INDERAL XL  
INNOPRAN XL  
irbesartan  
irbesartan-hctz  
ISORDIL  
isosorbide dinitrate  
isosorbide mononitrate  
isradipine  
KAPSPARGO SPRINKLE  
labetalol tablet  
lisinopril  
lisinopril-hctz  
LOPRESSOR  
losartan potassium  
losartan-hctz  
LOTENSIN  
LOTENSIN HCT  
LOTREL  
matzim la  
metoprolol succinate hctz-er  
metoprolol tartrate  
metoprolol-hctz  
metyrosine  
mexiletine  
MICARDIS  
MICARDIS HCT  
MINIPRESS  
MINITRAN  
minoxidil  
moexipril-hctz  
MULTAQ  
nadolol  
nebivolol

nicardipine capsule  
nifedipine er  
nisoldipine er  
NITRO-DUR  
nitroglycerin  
nitro-time  
NORPACE  
NORPACE CR  
NORVASC  
olmesartan  
olmesartan-amlodipine-hctz  
olmesartan-hctz  
PACERONE  
perindopril  
pindolol  
prazosin  
PRINIVIL  
PROCARDIA XL  
propafenone  
propafenone er  
propranolol solution, tablet  
propranolol er  
QBRELIS  
quinapril  
quinapril-hctz  
quinidine gluconate  
quinidine sulfate  
ramipril  
RANEXA  
ranolazine er  
RYTHMOL SR  
sorine  
sotalol tablet  
sotalol af  
SULAR  
TAZTIA XT  
TEKTURNA  
TEKTURNA HCT  
telmisartan  
telmisartan-amlodipine  
telmisartan-hctz  
TENORETIC 50  
TENORETIC 100  
TENORMIN  
terazosin  
TIADYLT ER  
TIAZAC  
TIKOSYN  
TOPROL XL  
trandolapril  
trandolapril-verapamil er  
TRIBENZOR  
valsartan  
valsartan-hctz  
VASERETIC  
VASOTEC

# Maintenance medications that must be filled in a 90-day supply - As of July 1, 2022

## Blood Pressure/ Heart Medications (cont)

verapamil er  
verapamil er pm  
verapamil capsule, tablet  
VERELAN  
VERELAN PM  
ZESTORETIC  
ZESTRIL  
ZIAC

## Blood Thinners/Anti-clotting

aspirin-dipyridamole er  
ASPIRIN-OMEPRAZOLE  
BRILINTA  
cilostazol  
COUMADIN  
dipyridamole  
EFFIENT  
JANTOVEN  
PLAVIX  
PRADAXA  
prasugrel  
warfarin  
YOSPRALA  
ZONTIVITY

## Cancer

methotrexate tablet  
methotrexate sodium  
Trexall

## Cholesterol Medications

ALTOPREV  
amlodipine-atorvastatin  
ANTARA  
atorvastatin  
CADUET  
cholestyramine  
cholestyramine light  
colesevelam  
COLESTID  
colestipol  
CRESTOR  
EZALLOR SPRINKLE  
ezetimibe  
ezetimibe-simvastatin  
fenofibrate  
fenofibric acid  
FENOGLIDE  
FIBRICOR  
FLOLIPID  
fluvastatin  
fluvastatin er  
gemfibrozil

icosapent ethyl  
LESCOL XL  
LIPITOR  
LIPOFEN  
LIVALO  
LOPID  
lovastatin  
LOVAZA  
niacin  
niacin er  
NIACOR  
NIASPAN  
omega-3 acid ethyl esters  
PRAVACHOL  
pravastatin  
PREVALITE  
QUESTRAN  
QUESTRAN LIGHT  
rosuvastatin  
simvastatin  
TRICOR  
TRIKLO  
TRILIPIX  
VASCEPA  
VYTORIN  
WELCHOL  
ZETIA  
ZOCOR  
ZYPITAMAG

## Contraception Products

AFIRMELLE  
ALTAVERA  
ALYACEN  
AMETHIA  
AMETHIA LO  
AMETHYST  
APRI  
ARANELLE  
ASHLYNA  
AUBRA  
AUBRA EQ  
AUROVELA  
AUROVELA 24 FE  
AUROVELA FE  
AVIANE  
AYUNA  
azurette  
BALCOLTRA  
BALZIVA  
BEKYREE  
BEYAZ  
BLISOVI 24 FE  
BLISOVI FE  
BRIELLYN  
CAMILA

CAMRESE  
CAMRESE LO  
CAZIAN  
CHARLOTTE 24 FE  
CHATEAL  
CHATEAL EQ  
CRYSELLE  
CYCLAFEM  
CYRED  
CYRED EQ  
DASETTE  
DAYSEE  
DEBLITANE  
desogestrel-ethinyl estradiol  
desogestrel-ethinyl estradiol  
ethinyl estradiol  
DOLISHALE  
drospirenone-ethinyl estradiol-  
levomefolate  
drospirenone-ethinyl estradiol  
ELINEST  
EMOQUETTE  
ENPRESSE  
ENSKYCE  
ERRIN  
ESTARYLLA  
ESTROSTEP FE  
ethynodiol-ethinyl estradiol  
FALMINA  
FAYOSIM  
FEMYNOR  
GEMMILY  
GENERESS FE  
GIANVI  
HAILEY  
HAILEY FE  
HEATHER  
ICLEVIA  
INCASSIA  
INTROVALE  
ISIBLOOM  
JAIMIESS  
JASMIEL  
JENCYCLA  
JOLESSA  
JOLIVETTE  
JULEBER  
JUNEL  
JUNEL FE  
KAITLIB FE  
KALLIGA  
KARIVA  
KURVELO  
LARIN  
LARIN FE  
LARISSIA

# Maintenance medications that must be filled in a 90-day supply - As of July 1, 2022

## Contraception Products

(cont)

LAYOLIS FE  
LEENA  
LESSINA  
LEVONEST  
levonorgestrel-ethinyl estradiol  
levonorgestrel-ethinyl estradiol  
ethinyl estradiol  
LEVORA  
LILLOW  
LO LOESTRIN FE  
LOESTRIN  
LOESTRIN FE  
LOJAIMIESS  
LORYNA  
LOSEASONIQUE  
LOW-OGESTREL  
LO-ZUMANDIMINE  
LUTERA  
LYLEQ  
LYZA  
MARLISSA  
MELODETTA 24 FE  
MERZEE  
MIBELAS 24 FE  
MICROGESTIN  
MICROGESTIN 24 FE  
MICROGESTIN FE  
MILI  
MINASTRIN 24 FE  
MIRCETTE  
MONO-LINYAH  
MONONESSA  
NATAZIA  
NECON  
NEXTSTELLIS  
NIKKI  
NORA-BE  
norethindrone  
norethindrone-ethinyl estradiol  
norethindrone-ethinyl estradiol-  
iron  
norgestimate-ethinyl estradiol  
norgestrel-ethinyl estradiol  
NORLYDA  
NORTREL  
NYLIA  
NYMYO  
OCELLA  
ORSYTHIA  
ORTHO TRI-CYCLEN LO  
ORTHO-NOVUM  
PHILITH  
PIMTREA  
PIRMELLA

PORTIA  
PREVIFEM  
QUARTETTE  
RECLIPSEN  
RIVELSA  
SAFYRAL  
SEASONIQUE  
SETLAKIN  
SHAROBEL  
SIMLIYA  
SIMPESSE  
SLYND  
SPRINTEC  
SRONYX  
SYEDA  
TARINA FE  
TAYSOFY  
TAYTULLA  
TILIA FE  
TRI FEMYNOR  
TRI-ESTARYLLA  
TRI-LEGEST FE  
TRI-LINYAH  
TRI-LO-ESTARYLLA  
TRI-LO-MARZIA  
TRI-LO-MILI  
TRI-LO-SPRINTEC  
TRI-MILI  
TRI-NYMYO  
TRI-PREVIFEM  
TRI-SPRINTEC  
TRIVORA  
TRI-VYLIBRA  
TRI-VYLIBRA LO  
TULANA  
TWIRLA  
TYBLUME  
TYDEMY  
VELIVET  
VESTURA  
VIENVA  
VIORELE  
VOLNEA  
VYFEMLA  
VYLIBRA  
WERA  
WYMZYA FE  
XULANE  
YASMIN 28  
YAZ  
ZAFEMY  
ZARAH  
zovia  
ZUMANDIMINE

## Diabetes

acarbose  
ACTOPLUS MET  
ACTOS  
ADLYXIN  
ADMELOG  
ADMELOG SOLOSTAR  
AFREZZA  
alogliptin  
alogliptin-metformin  
alogliptin-pioglitazone  
AMARYL  
APIDRA  
APIDRA SOLOSTAR  
BASAGLAR KWIKPEN U-100  
BYDUREON BCISE  
BYDUREON PEN  
BYETTA  
chlorpropamide  
CYCLOSET  
DEXCOM G6 SENSOR  
DUETACT  
FARXIGA  
FIASP  
FIASP FLEXTOUCH  
FIASP PENFILL  
FORTAMET  
FREESTYLE LIBRE 10 DAY  
SENSOR  
FREESTYLE LIBRE 14 DAY  
SENSOR  
glimepiride  
glipizide  
glipizide er  
glipizide xl  
glipizide-metformin  
GLUCOPHAGE  
GLUCOPHAGE XR  
GLUCOTROL  
GLUCOTROL XL  
GLUMETZA  
glyburide  
glyburide micronized  
glyburide-metformin  
GLYNASE  
GLYXAMBI  
HUMALOG  
HUMALOG JUNIOR KWIKPEN  
HUMALOG MIX 50-50  
HUMALOG MIX 75-25  
HUMULIN 70-30  
HUMULIN 70/30 KWIKPEN  
HUMULIN N  
HUMULIN N KWIKPEN  
HUMULIN R  
HUMULIN R U-500 KWIKPEN

# Maintenance medications that must be filled in a 90-day supply - As of July 1, 2022

## Diabetes (cont)

insulin aspart  
insulin aspart flexpen  
insulin aspart penfill  
INSULIN ASPART PROT-INSULIN  
ASP  
INSULIN GLARGINE-YFGN  
insulin lispro  
insulin lispro junior kwikpen  
insulin lispro kwikpen u-100  
insulin lispro protamine mix  
INVOKAMET  
INVOKAMET XR  
INVOKANA  
JANUMET  
JANUMET XR  
JANUVIA  
JARDIANCE  
JENTADUETO  
JENTADUETO XR  
KAZANO  
KOMBIGLYZE XR  
LANTUS  
LANTUS SOLOSTAR  
LEVEMIR  
LEVEMIR FLEXTOUCH  
LYUMJEV  
LYUMJEV KWIKPEN U-100  
LYUMJEV KWIKPEN U-200  
metformin  
metformin er  
miglitol  
nateglinide  
NESINA  
NOVOLIN 70-30  
NOVOLIN 70-30 FLEXPEN  
NOVOLIN N  
NOVOLIN N FLEXPEN  
NOVOLIN R  
NOVOLIN R FLEXPEN  
NOVOLOG  
NOVOLOG FLEXPEN  
NOVOLOG MIX 70-30  
ONGLYZA  
OSEN  
OZEMPIC  
pioglitazone  
pioglitazone-glimepiride  
pioglitazone-metformin  
PRANDIN  
PRECOSE  
QTERN  
repaglinide  
repaglinide-metformin  
RIOMET  
RIOMET ER

RYBELSUS  
SEGLUROMET  
SEMGLEE  
SEMGLEE (YFGN)  
SEMGLEE (YFGN) PEN  
SEMGLEE PEN  
STEGLATRO  
STEGLUJAN  
SYMLINPEN 60  
SYMLINPEN 120  
SYNJARDY  
SYNJARDY XR  
tolazamide  
TOUJEO SOLOSTAR  
TOUJEO MAX SOLOSTAR  
TRADJENTA  
TRESIBA  
TRESIBA FLEXTOUCH U-100  
TRESIBA FLEXTOUCH U-200  
TRIJARDY XR  
TRULICITY  
VICTOZA  
XIGDUO XR

## Diuretics

acetazolamide  
ALDACTAZIDE  
ALDACTONE  
amiloride  
amiloride-hctz  
bumetanide tablet  
CAROSPIR  
chlorthalidone  
DIURIL  
DYAZIDE  
DYRENIUM  
EDECRIN  
eplerenone  
ethacrynic acid  
furosemide solution, tablet  
hydrochlorothiazide  
indapamide  
INSPRA  
KERENDIA  
LASIX  
MAXZIDE  
methazolamide  
metolazone  
spironolactone  
spironolactone-hctz  
THALITONE  
torsemide  
triamterene  
triamterene-hctz

## Eye Conditions

ALPHAGAN P  
apraclonidine  
atropine  
ATROPINE SULF-NS  
AZOPT  
BETIMOL  
BETOPTIC S  
bimatoprost  
brimonidine tartrate  
brimonidine tartrate-timolol  
brinzolamide  
carteolol  
CEQUA  
COMBIGAN  
COSOPT  
COSOPT PF  
CYCLOGYL  
CYCLOMYDRIL  
cyclopentolate  
cyclosporine  
dorzolamide hcl  
dorzolamide-timolol  
homatropaire  
homatropine  
IOPIDINE  
ISOPTO ATROPINE  
ISOPTO CARPINE  
ISTALOL  
latanoprost  
levobunolol  
LUMIGAN  
MYDRIACYL  
PAREMYD  
PHOSPHOLINE IODIDE  
pilocarpine  
RESTASIS  
RESTASIS MULTIDOSE  
RHOPRESSA  
ROCKLATAN  
SIMBRINZA  
timolol  
TIMOPTIC  
TIMOPTIC-XE  
TRAVATAN Z  
travoprost  
tropicamide  
TROPICAMIDE-  
CYCLOPENTOLATE-PE  
TRUSOPT  
VUIY  
VYZULTA  
XALATAN  
XELPROS

# Maintenance medications that must be filled in a 90-day supply - As of July 1, 2022

## Eye Conditions *(cont)*

XIIDRA  
ZIOPTAN

## Gastrointestinal/Heartburn

ACIPHEX  
APRISO  
ASACOL HD  
AZULFIDINE  
balsalazide  
CARAFATE  
cimetidine solution, 300mg,  
400mg, 800mg tablet  
COLAZAL  
CREON  
CYTOTEC  
DELZICOL  
DEXILANT  
DEXILANSOPRAZOLE DR  
DIPENTUM  
esomeprazole magnesium  
ESOMEPRAZOLE DR 49.3MG  
CAPSULE  
famotidine suspension, tablet  
lansoprazole  
LIALDA  
mesalamine tablet  
mesalamine dr  
mesalamine er  
misoprostol  
NEXIUM RX  
nizatidine  
OMEPPi  
omeprazole capsule  
omeprazole-sodium  
PANCREAZE  
pantoprazole tablet  
PENTASA  
PEPCID TABLET  
PERTZYE  
PREVACID  
PRILOSEC  
PROTONIX SUSPENSION, TABLET  
rabeprazole  
ranitidine  
RELTONE  
sucralfate  
sulfasalazine  
sulfasalazine dr  
URSO  
URSO FORTE  
ursodiol  
VIOKACE  
ZANTAC  
ZEGERID  
ZENPEP

## Hormonal Agents

ACTIVELLA  
ALORA  
AMABELZ  
ANGELIQ  
ARMOUR THYROID  
AYGESTIN  
cabergoline  
CLIMARA  
CLIMARA PRO  
COMBIPATCH  
CRINONE  
CYTOMEL  
danazol  
DEPO-PROVERA  
DIVIGEL  
DOTTI  
ELESTRIN  
ESTRACE  
estradiol cream, tablet, vaginal  
insert  
estradiol-norethindrone  
ESTRING  
ESTROGEL  
estropipate  
EUTHYROX  
EVAMIST  
FEMHRT  
FEMRING  
FYAVOLV  
JINTELI  
LEVO-T  
levothyroxine capsule, tablet  
LEVOXYL  
liothyronine  
LOPREEZA  
LYLLANA  
medroxyprogesterone  
MENEST  
MENOSTAR  
methimazole  
MIMVEY  
MIMVEY LO  
MINIVELLE  
NATURE-THROID  
norethindrone  
norethindrone-ethinyl estradiol  
NP THYROID  
PREFEST  
PREMARIN CREAM, TABLET  
PREMPHASE  
PREMPRO  
progesterone capsule  
PROMETRIUM  
propylthiouracil  
PROVERA

SYNTHROID  
TAPAZOLE  
THYQUIDITY  
TIROSINT  
TIROSINT-SOL  
UNITHROID  
VAGIFEM  
VIVELLE-DOT  
WESTHROID  
WP THYROID  
YUVAFEM

## Nutritional/Dietary

calcitriol  
DRISDOL  
ROCALTROL  
VITAMIN D2

## Osteoporosis Products

ACTONEL  
alendronate  
ATELVIA  
BINOSTO  
BONIVA  
calcitonin-salmon  
EVISTA  
FOSAMAX  
FOSAMAX PLUS D  
ibandronate  
MIACALCIN  
raloxifene  
risedronate  
risedronate dr

## Pain Relief and Inflammatory Disease

allopurinol tablet  
diflunisal  
febuxostat  
SAVELLA  
ULORIC  
ZYLOPRIM

## Parkinson's Disease

amantadine  
AZILECT  
bentropine tablet  
bromocriptine  
carbidopa-levodopa  
carbidopa-levodopa er  
carbidopa-levodopa-entacapone  
COMTAN  
DHIVY  
entacapone  
MIRAPEX ER



# Maintenance medications that must be filled in a 90-day supply - As of July 1, 2022

## Parkinson's Disease *(cont)*

NEUPRO  
NOURIANZ  
ONGENTYS  
OSMOLEX ER  
PARLODEL  
pramipexole  
pramipexole er  
rasagiline  
REQUIP  
ropinirole  
RYTARY  
selegiline  
SINEMET  
STALEVO  
TASMAR  
tolcapone  
trihexyphenidyl  
XADAGO  
ZELAPAR

## Seizure Disorders

APTIOM  
BANZEL  
carbamazepine  
carbamazepine er  
CARBATROL  
CELONTIN  
DEPAKOTE  
DEPAKOTE ER  
DEPAKOTE SPRINKLE  
DILANTIN  
DILANTIN 125MG/5ML  
SUSPENSION  
divalproex  
divalproex er  
ELEPSIA XR  
EPITOL  
EPRONTIA  
ethosuximide  
felbamate  
FELBATOL  
gabapentin  
GABITRIL  
KEPPRA SOLUTION, TABLET  
KEPPRA XR  
LAMICTAL  
LAMICTAL ODT  
LAMICTAL XR  
lamotrigine  
lamotrigine (blue)  
lamotrigine (green)  
lamotrigine (orange)

lamotrigine odt  
levetiracetam solution, tablet  
MYSOLINE  
NEURONTIN  
oxcarbazepine  
OXTELLAR XR  
PHENYTEK  
phenytoin suspension, tablet  
phenytoin extended  
primidone  
QUDEXY XR  
ROWEEPRA  
rufinamide  
SPRITAM  
subvenite  
TEGRETOL  
TEGRETOL XR  
tiagabine  
TOPAMAX  
topiramate  
topiramate er  
TRILEPTAL  
TROKENDI XR  
valproic acid  
ZARONTIN  
ZONEGRAN  
zonisamide

## Urinary Tract Conditions

alfuzosin er  
AVODART  
cevimeline  
darifenacin er  
DETROL  
DETROL LA  
DITROPAN XL  
dutasteride  
dutasteride-tamsulosin  
ENABLEX  
EVOXAC  
finasteride  
FLOMAX  
GELNIQUE  
GEMTESA  
JALYN  
MYRBETRIQ  
oxybutynin  
oxybutynin er  
OXYTROL  
pilocarpine  
PROSCAR  
RAPAFLO  
SALAGEN

silodosin  
solifenacin  
tamsulosin  
tolterodine  
tolterodine er  
TOVIAZ  
trospium  
UROXATRAL  
VESICARE  
VESICARE LS



1. You may be taking a medication that isn't actually available in a 90-day supply. Certain medications may only be packaged in lesser amounts. For example, three packages of oral contraceptives equal an 84-day supply. Even though it's not a "90-day supply," it's still considered a 90-day prescription.
2. State laws in Connecticut, **Texas** and **Louisiana** may require your plan to cover your medication at your current benefit level until your plan renews. This means that if your medication is taken off the drug list, is moved to a higher cost-share tier or needs approval from Cigna before your plan will cover it, these changes may not begin until your plan's renewal date. To find out if these state laws apply to your plan, please call Customer Service using the number on your Cigna ID card.
3. State law in **Illinois** may require your plan to cover your medications at your current benefit level until your plan renews. This means that if you currently have approval through a review process for your plan to cover your medication, the drug list change(s) listed here may not affect you until your plan renewal date. If you don't currently have approval through a coverage review process, you may continue to receive coverage at your current benefit level if your doctor requests it. To find out if this state law applies to your plan, please call Customer Service using the number on your Cigna ID card.
4. Internal Cigna analysis performed Jan 2019, utilizing 2018 Cigna national book of business average medication adherence (customer adherent > 80% PDC), 90-day supply vs. those who received a 30-day supply taking antidiabetics, RAS antagonist and statins.
5. Not all plans offer home delivery as a covered pharmacy option. Log in to the myCigna App or myCigna.com, or check your plan materials, to learn more about the pharmacies in your plan's network.
6. Standard shipping costs are included as part of your prescription plan.
7. Participating Cigna 90 Now pharmacies as of February 2022. Subject to change.

**Para obtener ayuda en español llame al número en su tarjeta de Cigna.**

Cigna reserves the right to make changes to the Drug List without notice. Your plan may cover additional medications; please refer to your enrollment materials for details. Cigna does not take responsibility for any medication decisions made by the doctor or pharmacist. Cigna may receive payments from manufacturers of certain preferred brand medications, and in limited instances, certain non-preferred brand medications, that may or may not be shared with your plan depending on its arrangement with Cigna. Depending upon plan design, market conditions, the extent to which manufacturer payments are shared with your plan and other factors as of the date of service, the preferred brand medication may or may not represent the lowest-cost brand medication within its class for you and/or your plan.

Health benefit plans vary, but in general to be eligible for coverage a drug must be approved by the Food and Drug Administration (FDA), prescribed by a health care professional, purchased from a licensed pharmacy and medically necessary. If your plan provides coverage for certain prescription drugs with no cost-share, you may be required to use an in-network pharmacy to fill the prescription. If you use a pharmacy that does not participate in your plan's network, your prescription may not be covered, or reimbursement may be limited by your plan's copayment, coinsurance or deductible requirements. Certain features described in this document may not be applicable to your specific health plan, and plan features may vary by location and plan type. Refer to your plan documents for costs and complete details of your plan's prescription drug coverage.

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# DISCRIMINATION IS AGAINST THE LAW

## Medical coverage

Cigna complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Cigna does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Cigna:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact customer service at the toll-free number shown on your ID card, and ask a Customer Service Associate for assistance.

If you believe that Cigna has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance by sending an email to [ACAGrievance@Cigna.com](mailto:ACAGrievance@Cigna.com) or by writing to the following address:

Cigna  
Nondiscrimination Complaint Coordinator  
PO Box 188016  
Chattanooga, TN 37422

If you need assistance filing a written grievance, please call the number on the back of your ID card or send an email to [ACAGrievance@Cigna.com](mailto:ACAGrievance@Cigna.com). You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services  
200 Independence Avenue, SW  
Room 509F, HHH Building  
Washington, DC 20201  
1.800.368.1019, 800.537.7697 (TDD)  
Complaint forms are available at  
<http://www.hhs.gov/ocr/office/file/index.html>.



All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Connecticut General Life Insurance Company, Evernorth Care Solutions, Inc., Evernorth Behavioral Health, Inc., Cigna Health Management, Inc., and HMO or service company subsidiaries of Cigna Health Corporation and Cigna Dental Health, Inc. The Cigna name, logos, and other Cigna marks are owned by Cigna Intellectual Property, Inc. ATTENTION: If you speak languages other than English, language assistance services, free of charge are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711). ATENCIÓN: Si usted habla un idioma que no sea inglés, tiene a su disposición servicios gratuitos de asistencia lingüística. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

## Proficiency of Language Assistance Services

**English** – ATTENTION: Language assistance services, free of charge, are available to you. For current Cigna customers, call the number on the back of your ID card. Otherwise, call 1.800.244.6224 (TTY: Dial 711).

**Spanish** – ATENCIÓN: Hay servicios de asistencia de idiomas, sin cargo, a su disposición. Si es un cliente actual de Cigna, llame al número que figura en el reverso de su tarjeta de identificación. Si no lo es, llame al 1.800.244.6224 (los usuarios de TTY deben llamar al 711).

**Chinese** – 注意：我們可為您免費提供語言協助服務。對於 Cigna 的現有客戶，請致電您的 ID 卡背面的號碼。其他客戶請致電 1.800.244.6224（聽障專線：請撥 711）。

**Vietnamese** – XIN LƯU Ý: Quý vị được cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Dành cho khách hàng hiện tại của Cigna, vui lòng gọi số ở mặt sau thẻ Hội viên. Các trường hợp khác xin gọi số 1.800.244.6224 (TTY: Quay số 711).

**Korean** – 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 현재 Cigna 가입자님들께서는 ID 카드 뒷면에 있는 전화번호로 연락해주시십시오. 기타 다른 경우에는 1.800.244.6224 (TTY: 다이얼 711)번으로 전화해주시십시오.

**Tagalog** – PAUNAWA: Makakakuha ka ng mga serbisyo sa tulong sa wika nang libre. Para sa mga kasalukuyang customer ng Cigna, tawagan ang numero sa likuran ng iyong ID card. O kaya, tumawag sa 1.800.244.6224 (TTY: I-dial ang 711).

**Russian** – ВНИМАНИЕ: вам могут предоставить бесплатные услуги перевода. Если вы уже участвуете в плане Cigna, позвоните по номеру, указанному на обратной стороне вашей идентификационной карточки участника плана. Если вы не являетесь участником одного из наших планов, позвоните по номеру 1.800.244.6224 (TTY: 711).

**Arabic** – برجاء الانتباه خدمات الترجمة المجانية متاحة لكم. لعملاء Cigna الحاليين برجاء الاتصال بالرقم المدون علي ظهر بطاقتكم الشخصية. او اتصل ب 1.800.244.6224 (TTY: اتصل ب 711).

**French Creole** – ATANSYON: Gen sèvis èd nan lang ki disponib gratis pou ou. Pou kliyan Cigna yo, rele nimewo ki dèyè kat ID ou. Sinon, rele nimewo 1.800.244.6224 (TTY: Rele 711).

**French** – ATTENTION: Des services d'aide linguistique vous sont proposés gratuitement. Si vous êtes un client actuel de Cigna, veuillez appeler le numéro indiqué au verso de votre carte d'identité. Sinon, veuillez appeler le numéro 1.800.244.6224 (ATS : composez le numéro 711).

**Portuguese** – ATENÇÃO: Tem ao seu dispor serviços de assistência linguística, totalmente gratuitos. Para clientes Cigna atuais, ligue para o número que se encontra no verso do seu cartão de identificação. Caso contrário, ligue para 1.800.244.6224 (Dispositivos TTY: marque 711).

**Polish** – UWAGA: w celu skorzystania z dostępnej, bezpłatnej pomocy językowej, obecni klienci firmy Cigna mogą dzwonić pod numer podany na odwrocie karty identyfikacyjnej. Wszystkie inne osoby prosimy o skorzystanie z numeru 1 800 244 6224 (TTY: wybierz 711).

**Japanese** – 注意事項: 日本語を話される場合、無料の言語支援サービスをご利用いただけます。現在のCignaのお客様は、IDカード裏面の電話番号まで、お電話にてご連絡ください。その他の方は、1.800.244.6224 (TTY: 711)まで、お電話にてご連絡ください。

**Italian** – ATTENZIONE: Sono disponibili servizi di assistenza linguistica gratuiti. Per i clienti Cigna attuali, chiamare il numero sul retro della tessera di identificazione. In caso contrario, chiamare il numero 1.800.244.6224 (utenti TTY: chiamare il numero 711).

**German** – ACHTUNG: Die Leistungen der Sprachunterstützung stehen Ihnen kostenlos zur Verfügung. Wenn Sie gegenwärtiger Cigna-Kunde sind, rufen Sie bitte die Nummer auf der Rückseite Ihrer Krankenversicherungskarte an. Andernfalls rufen Sie 1.800.244.6224 an (TTY: Wählen Sie 711).

**Persian (Farsi)** – توجه: خدمات کمک زبانی، به صورت رایگان به شما ارائه می‌شود. برای مشتریان فعلی Cigna، لطفاً با شماره‌ای که در پشت کارت شناسایی شماست تماس بگیرید. در غیر اینصورت با شماره 1.800.244.6224 تماس بگیرید (شماره تلفن ویژه ناشنویان: شماره 711 را شماره‌گیری کنید).